



# Outdorable<sup>®</sup>

Lasts for good

Open-ended outdoor playscapes inspired by the wonders of nature, encouraging children to explore their learning through play and stimulating active physical development.



Practitioner Notes



# Why Outdorable?

- Enhances children's physical and mental development.
- Encourages movement which influences cognitive skills, memory, attention, and thinking skills.
- Designed to reflect aspects of the natural environment.
- Modular in design for flexible learning environments. Can be adapted to meet the needs of all children with multiple configurations possible.
- Movable, adaptable, and can be relocated between play spaces.
- Additional pieces can be added over time to suit budgets and children's developmental needs.
- Sustainable and durable with a 25-year guarantee.



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



## What's included?

2 x Trapezoidal Platforms    1 x Incline Ramp    1 x Log Crawler    1 x Burrow Tunnel

Skill being developed	How the Outdorable range can support
<b>Crawling</b>	<ul style="list-style-type: none"><li>• The Outdorable Baby Package encourages children to crawl, shuffle, or slide in different directions and on a range of surfaces e.g. up and down the gentle incline ramp, under the burrow tunnel, or along the log crawler.</li><li>• Crawling on the different pieces of equipment strengthens multiple muscle groups, develops gross motor skills, and improves coordination.</li><li>• By crawling, children gain independence and mobility. This allows them to explore their environment and make choices about where they want to go.</li></ul>
<b>Getting Ready to Walk</b>	<ul style="list-style-type: none"><li>• Children may use the various pieces of equipment to pull or push themselves up, building important muscles in preparation for walking.</li><li>• The burrow tunnel and the log crawler with its rungs, provide children with an opportunity to practise crouching, standing, and cruising (holding onto a support and moving along it). This helps children develop the strength, balance, and stability required for taking their first steps.</li></ul>



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



Skill being developed	How the Outdorable range can support
<b>Walking</b>	<ul style="list-style-type: none"><li>• The trapezoidal platforms are ideal for creating different pathways for the children to move and walk along. The paths can be lengthened by lining the platforms up in a linear configuration, pushed together form a hexagonal platform, or joined at a right angle to introduce moving around corners.</li><li>• Encourage children to walk along different and uneven surfaces to improve their balance, stability, and control e.g. walking up and down the incline ramp or along the log crawler. For added challenge, why not add an obstacle or toy that the children need to move, step over, or walk around?</li><li>• Once the children gain confidence, they will begin to experiment with navigating the equipment using different directions and speeds of movement.</li></ul>
<b>Climbing</b>	<ul style="list-style-type: none"><li>• As children grow and gain greater control of their bodies, they often engage in climbing activities, enhancing their gross motor skills. The Outdorable Baby Package offers various climbing opportunities, such as ascending and descending the log crawler/ramp or climbing onto the platforms. More confident movers may even attempt to climb on or over the burrow hole.</li><li>• Climbing not only helps develop strength and coordination but encourages children to explore different methods of descending, including climbing backward or jumping.</li></ul>



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



Skill being developed	How the Outdorable range supports
<b>Spatial Awareness</b>	<ul style="list-style-type: none"><li>• By moving in a variety of ways such as crawling, walking, and climbing, children begin to develop spatial awareness and start to understand their position relative to the objects around them.</li><li>• The burrow tunnel and trapezoidal platforms (open and enclosed spaces) expose children to contrasting spatial experiences, enhancing their spatial awareness and positional understanding.</li></ul>
<b>Building Confidence</b>	<ul style="list-style-type: none"><li>• Different configurations offer various levels of challenge. Children can take part in activities that are appropriate for their current level of development and gradually work their way up to more complex challenges.</li><li>• The Outdorable Baby Package allows young children to gradually progress from one activity to another. For example, they may start by simply observing, pulling themselves up on the trapezoidal platforms, or crawling up the incline ramp, before eventually progressing to walking and climbing on the equipment. This gradual progress ensures that children can develop at their own pace, increasing their confidence as they achieve each milestone.</li><li>• Young children will begin to assess risks and learn what physical risks they are confident to take in a safe and controlled way.</li></ul>



## Possible configurations for the Baby Package (Birth – 2 years)



# Supporting physical development with the Outdorable range

## 2 – 3 years Toddler Package (FF47470)



### What's included?

2 x H600mm Climbers    1 x Climbing Wall    1 x Ladder Plank    1 x River Rocks Plank  
2 x H300mm Climbers    1 x Wobbly Log Plank    1 x Smooth Plank    1 x Slide

Remember to give children plenty of time to make connections and repeat prior skills so that these become embedded. For example, before walking across a raised plank, some children will revert to crawling to reestablish and refine balancing skills.

Skill being developed	How the Outdorable range supports
<b>Balance</b>	<ul style="list-style-type: none"><li>• As children become proficient in movements such as crawling and walking, they start to experiment and look for more challenging ways to develop these skills. The range of planks in this package invite children to explore and move in different ways, developing their balance and core muscles.</li><li>• For those developing balance, why not start by placing the different planks on the floor before attaching them to the climbers to create raised or angled balancing beams. Challenge children to travel up and down the inclines to improve their skills, strength, and confidence.</li><li>• Develop balance and gross motor skills further by playing movement activities such as 'Musical Statues' or 'Simon Says'. These encourage children to freeze and hold their bodies in stationary positions on the apparatus or learn to follow instructions e.g. 'Simon says balance on one leg'.</li></ul>
<b>Coordination and Movement</b>	<ul style="list-style-type: none"><li>• The climbing wall and climbers, encourage cross-lateral movements, while also developing fine motor skills as they grasp the holds to pull themselves up.</li><li>• The climbers invite young children to climb, jump, and explore from different heights. As they navigate the varying heights and surfaces, they will practise different movements, developing their core muscles, strength, and coordination skills, preparing them for future learning and challenges.</li></ul>



# Supporting physical development with the Outdorable range

## 2 – 3 years Toddler Package (FF47470)



Skill being developed	How the Outdorable range supports
<b>Decision Making &amp; Problem Solving</b>	<ul style="list-style-type: none"><li>• This open-ended set encourages children to make decisions and solve problems in their play. For example, some children may decide to crawl along a plank before attempting to walk across it, whilst others will choose to run or find more challenging ways to travel.</li><li>• Why not explore the vocabulary of movement as children play on the apparatus. For example, 'Can you slither along the plank like a snake or crawl up the wall like a spider?'</li><li>• Creating different configurations (with the support of teachers and practitioners) empowers children to make decisions about how they want to set up their play space. This not only gives them ownership of their learning but fosters decision-making skills from an early age.</li></ul>
<b>Collaboration and Cooperation</b>	<ul style="list-style-type: none"><li>• The adaptable nature of this range means that it can be configured to encourage multiple children to engage in activities simultaneously, fostering collaboration and cooperation.</li><li>• During play, they will share space and equipment, learning to take turns as they wait patiently to go down the slide, navigate across the planks, or clamber up the wall.</li><li>• The Outdorable Toddler Package is great for encouraging pretend play. By laying the climbers on the floor, children can climb inside, pretending they are in a car going on a journey. Add a plank and watch as it transforms into a pirate ship sailing in shark-infested waters! Who is going to walk the plank?</li></ul>

# Supporting physical development with the Outdorable range

## 2 – 3 years Toddler Package (FF47470)



Skill being developed	How the Outdorable range supports
<b>Spatial Awareness</b>	<ul style="list-style-type: none"><li>• By experimenting with different configurations, children will learn about concepts such as height and distance. For example, how high something is from the ground, how far apart things are, and where things are positioned in relation to one another.</li><li>• Positioning planks at various heights and angles helps children become more aware of where their bodies are in space. They learn to concentrate, focus and move more carefully depending on how the equipment is set up.</li><li>• Exploring the equipment in different ways, such as using the slide and walking along the planks, will support children's spatial awareness as they will discover how many people can fit into the space, and therefore understand the need to take turns.</li></ul>
<b>Building Confidence</b>	<ul style="list-style-type: none"><li>• The Outdorable Toddler Package offers a gradual progression of challenge, allowing children to develop at their own pace. They can choose to repeat and embed simpler movements while still having opportunities to work their way up to more complex ones. This not only boosts their confidence but enables them to become more competent, creative, and adaptive movers.</li><li>• Build children's self-esteem and confidence by offering just the right amount of support. This might be a helping hand, a finger, or a few words of encouragement. Remember to celebrate their effort and achievements such as when they jump off the climber for the first time or reach the top of the climbing wall.</li><li>• Using the equipment will give children opportunities to take calculated risks, learn how to overcome problems, build resilience, and develop perseverance.</li></ul>



## Possible configurations for the Toddler Package (2 – 3 years)



# Supporting physical development with the Outdorable range Active Play Package - 3 - 5 years (FF47415)



## What's included?

2 x H860mm Climbers 1 x Climbing Wall 1 x Ladder Plank 1 x River Rocks Plank 1x Smooth Plank  
1 x H600mm Climbers 1 x H300mm Climbers 1 x Wobbly Log Plank 1 x Slide 1 x Dual Frame Monkey Bars

Remember to give children plenty of time to make connections and repeat prior skills so that these become embedded. For example, before walking across a raised plank, some children will revert to crawling to reestablish and refine balancing skills.

Skill being developed	How the Outdorable range supports
<b>Balance</b>	<ul style="list-style-type: none"><li>The planks imitate outdoor experiences in nature such as stepping on rocks to cross a river or balancing along a fallen log. These wobbly and uneven surfaces provide exciting opportunities for children to strengthen their balance, coordination, and concentration as they travel along the various surfaces at different heights and gradients to get from one place to another.</li><li>Why not give children the experience of carrying things up and down inclines. For example, slopes and gradients can be created using the climbers to create steps or planks can be positioned at various angles. This will help develop core strength and balance.</li><li>Encourage children to jump from different heights. This not only requires balance and control to land safely but also involves coordination.</li></ul>
<b>Coordination and Movement</b>	<ul style="list-style-type: none"><li>The Active Play Package is great for creating obstacle courses that demand a range of movements to complete. Children can crawl through tunnels made by the climbers, scramble up the climbing wall, and balance on the planks, all while moving at changing speeds and in different directions.</li><li>The monkey bars add another level of challenge and skill to the children's play. As they swing from one bar to another, they need to engage their core muscles and coordinate their movements to maintain balance and control.</li></ul>



# Supporting physical development with the Outdorable range

## 3 - 5 years Active Play Package (FF47415)



Skill being developed	How the Outdorable range supports
<b>Decision Making &amp; Problem Solving</b>	<ul style="list-style-type: none"><li>• With the support of teachers and practitioners, children will delight in making decisions about the various play configurations they wish to explore.</li><li>• During group play, they will actively participate in negotiations, take turns, assist others, and share equipment.</li><li>• Develop problem-solving skills by increasing the level of challenge. This may entail designating certain sections as one-way paths, introducing obstacles for navigation, or creating areas that be travelled across using specific movements only. Some children may even enjoy setting time trials to challenge themselves further. Can they beat their personal best?</li><li>• As children climb, balance, swing, and leap from varying heights, they will naturally start to assess and take controlled risks. This helps them to gain a deeper understanding of their strengths and limitations.</li></ul>
<b>Collaboration and Co-operation</b>	<ul style="list-style-type: none"><li>• The climbers are great for making dens, tunnels, or a stage area. They offer the children perfect spaces for creating secret hideouts or platforms from which to perform their favourite shows and dance routines.</li><li>• This versatile range lends itself to the recreation of scenes from traditional tales such as 'The Three Billy Goats Gruff'. Children can 'trip trap' across the planks to the grass on the other side or find different ways to avoid passing the mean troll. Great for enhancing understanding of narratives and active storytelling.</li><li>• Foster teamwork and peer support among children as they strive to achieve both personal and shared goals, whether this is reaching the next rung on the monkey bars or leaping from the top of the highest climber. Children can provide support to their peers by lending a helping hand, praising achievements or sharing valuable hints and tips.</li></ul>



# Supporting physical development with the Outdorable range

## 3 - 5 years Active Play Package (FF47415)



Skill being developed	How the Outdorable range supports
<b>Spatial Awareness</b>	<ul style="list-style-type: none"><li>• The Outdorable Active Play Package is great for helping children develop an understanding of their own body and their movements in space.</li><li>• As children climb over obstacles, crawl through tunnels created by the climbers, or balance on different surfaces, they become more aware of their limbs and how they can move to overcome challenges.</li><li>• Swinging on the monkey bars involves reaching for and grabbing onto the rungs. This helps children develop a sense of how far they can reach and how to judge distances accurately. To successfully swing or transition from one bar to another, children must learn how to position their bodies in relation to the bars and the ground below.</li></ul>
<b>Building Confidence</b>	<ul style="list-style-type: none"><li>• The set is ideal for creating outdoor playscapes that are accessible for children with varying confidence levels, skills, and needs.</li><li>• The modular design and various components enable teachers/practitioners to create low-pressure zones for children who are less confident whilst still providing for those who need a challenge.</li><li>• Climbing to different heights, conquering challenges, and setting personal goals not only boost children's self-confidence but teach them how to be resilient and develop a growth mindset.</li><li>• The different configurations and apparatus can be used to teach children the importance of perseverance and learning through trial and error. For example, they may have to adapt and change their technique to enable them to reach the next rung on the monkey bars or find an alternative way of moving across the river rocks plank to successfully get to the other side.</li></ul>



## Possible configurations for the Active Play Package (3 – 5 years)



